

Circle Your Choices:

Meal Packages

Thursday Dinner to Friday Lunch incl. \$ 35.00

Friday Dinner \$ 16.00

Saturday Breakfast to Sunday Lunch \$ 65.00

Sunday Dinner and Monday Breakfast \$ 25.00

Total Meals _____

+**Accommodation** (from prev. page) + _____

+**Program Fee** + **\$125.00**

=**Amount Owing** = _____

Make cheque or money order payable to

Janet Armstrong & Co.

Mail to:

Janet Armstrong,

3502-20th Street,

Vernon, BC V1T 4C7

Canada

A list with contact information will be provided to each participant. Do you want your name and address included on this list? YES NO

Transportation to and from the Kamloops airport can be arranged through Janet. Do you need this service? YES NO

Food allergies if any _____

Are you a vegetarian? YES NO

Is there anything else we should know about you? (e.g. mobility issues...) _____

Which workshop are you interested in?
(Circle one)

From Home-made to Hand-made

Beyond the Basics

About the Instructors

Janet Armstrong established a creative textile business in 1998 in Vernon. She coordinated the first Okanagan Knitting Retreat with colleagues Gloria Hanson and Wendy Henderson in 1999. Fibre feeds her soul— whether she sews, knits, spins or quilts. Janet teaches locally, and at national and international fibre art retreats and conferences. Find out more at www.janetarmstrong.com

Paulette Lane of Vancouver is a passionate knitter who has been designing since 1984 and teaching since 1999. Her focus has been on sharing information with knitters, to raise the level of awareness of knitting and encourage new knitters, young and old, male and female, to find their own reward in two sticks and some string. Her patterns have been published by the online knitting magazine, www.knitnet.com and are included in Briggs and Little's *Knits from the North Country*. She was the Editor of Accord Publishing's Page-a-Day Knitting Calendars for 2005-2007, and for the last ten years has edited and published the West Coast Knitters' News for the West Coast Knitters Guild. Paulette creates personalized patterns for knitters and sells kits, patterns, and booklets under the name, *PLANE Images*.

Myriam Dostert has been knitting for most of her life, and loves to teach others how to improve their knitting skills. She has taught knitting classes for both adults and children of all ages for about five years, and she taught her husband to knit three years ago so that she could have an in-house knitting buddy (he just finished his first pair of socks and gave them to her!) When Myriam is not knitting she works as a learning assistance and ESL teacher at a Surrey elementary school (and has, of course, started a lunch-time knitting club).

Cancellation Policy: On or before April 15, 2009, the fee will be refunded. After April 15, the fee will be refunded only if we are able to replace you. A supply list and further information about Sorrento Centre will be sent once your payment has been received.

For more information, contact
Janet Armstrong (250) 545-2474 or
jarmstrongnow@shaw.ca

*It's All in the
Details*

**Our 11th
Annual Okanagan
Knitting
Retreat**

**Sorrento Centre
1159 Passchendaele
Road
Sorrento, BC
Canada**

May 22 - 24, 2009

It's All in the Details

Take your knitting to the next level! This year there will be two workshops, on the same topic, running concurrently. Sign up for the one you feel best meets your needs.

From Home-made to Hand-made is for new and not-so-new knitters who feel that they need to improve their basic shaping and finishing skills. Do your seams sometimes look less tidy than you would like? Do you get confused about paired increases and decreases, or wonder which cast-on or bind-off to use when? If so, this workshop is for you! Myriam Dostert will help you to fill in 'knowledge gaps' by learning a variety of cast-ons (knitted on, provisional, long-tail, backward loop) and cast-offs (regular, i-cord), different ways of creating or joining finished or unfinished edges, increases and decreases, and how to weave in ends either during or after knitting.

Beyond the Basics is for knitters who feel they have a good grasp of fundamental skills and would like to learn some different approaches to design. Whether you are designing a garment from scratch or putting your own stamp on an existing pattern, it is the small things that make the difference. It is all about making decisions and it is these small decisions that make a perfectly acceptable garment more interesting and unique—more YOU. This workshop is co-led by Paulette Lane and Janet Armstrong.

There will be scheduled opportunities to get together one-on-one with any of the instructors for trouble-shooting, and there will also be "plenary" sessions daily for the group as a whole.

Program Fee \$125.00

Show and Tell Bring some recent work to share with the group Saturday night.

Check-in 4 - 7 P.M. Friday, May 22, 2009. The program begins at 7:30 P.M. in the Caritas meeting room and wraps up after lunch Sunday, May 24.

A block of rooms has been reserved for Thursday and Sunday nights if you wish to arrive earlier or stay later for some unstructured knitting fellowship with other participants. Meals will be available if there are 10 or more people. The additional meals and accommodation must be requested on the registration form and included in your payment.

Accommodation Choices (Costs per night in Canadian Dollars)

LODGE ROOMS

(with bedding, towels & private bath)

Single \$54.50 per night

Two people sharing (per person) \$40.00 per night

Please Note: When choosing the following apartments, suites, cabanas or camping sites, one person books and pays for these. Please co-ordinate the registrations and *if at all possible* send the forms and cheques in one envelope. Please note on the registration form who is sharing.

Two **CASITA APARTMENTS** (\$130.00 per night: 2 bedrooms with 2 twin beds each, 1 pull-out in sitting area, full kitchen, bedding, towels & private bath). Maximum 5 people per apartment.

Three **SUITES** (\$105.00 for double or queen plus pull-outs and kitchenette, towels, bedding & private bath.) Maximum 4 people per suite.

Six **CABANAS** (\$61.00 for 5 bunks + 1 double bed in each with electricity, electric heat & mattresses but no running water. Bring your own bedding and towels). Maximum 7 people.

CAMPING RV site (full hook-up) \$37.00
RV site (partial hook-up) \$29.00

Meals Hearty home-style cooking. Food allergies can be accommodated. Bring your own beverages (alcohol and otherwise) and snacks if you wish.

Meal Packages

Saturday breakfast to Sunday lunch, incl snacks \$65.00

Thursday dinner to Friday lunch, no snacks \$35.00

Friday dinner \$16.00

Sunday dinner and Monday breakfast \$25.00

REGISTRATION FORM

Name _____

Address _____

Postal Code _____

Phone (daytime) _____

Phone (evenings) _____

e-mail _____

Circle Your Choices:

Accommodation

I am requesting accommodation for (circle all that apply) Thursday, Friday, Saturday, Sunday nights

Lodge Room (per person per night)

Single room \$54.50 x ___ nights = _____

Shared room \$40.00 x ___ nights = _____

(Room mate's name _____)

Yes, please assign me a room mate if possible.

Apartment (\$130.00 per night)

_____ nights x \$130.00 per night = _____

(Sharing with _____)

Suite (\$105.00 per night)

_____ nights x \$105.00 per night = _____

(Sharing with _____)

Cabana (\$61.00 per night)

_____ nights x \$61.00 per night = _____

(Sharing with _____)

Camping RV (per night)

Full hook-up:
_____ nights x \$37.00 per night = _____

Partial hook-up:
_____ nights x \$29.00 per night = _____

(Sharing with _____)

Combined length of RV + vehicle _____

Accommodation Total _____

(registration form continues over)